

## What people are saying...

"I recommend Omega Muffins to my clients as part of a total wellness program because of their clean ingredients, high Omega 3 content and high fiber. They are great for people who want to improve their glycemic profile, lose weight, and lower total body fat." - April McNally, Healthy Lifestyle Coach, Omega Health Solutions, Thousand Oaks, CA

"Thank you Soooo much for the best muffin I have ever tasted. And it's not bad for me :o) It is so hard to find any product that does not contain Wheat, Preservatives, Bad-fats, fake sweeteners. . . I gave one to my friend and we very much agree that this is the best 'Guilt-Free' treat ever :o)" – Veronica A., Professional Body Builder, Thousand Oaks CA

"Thank you, Kathy! They are delicious. I LOVE them all." - Eileen Jemison, Retired Court Recorder, Provo UT

"Dear Omega muffins: I'm writing to you to thank you for handling all my muffin needs. I don't know what I would with out you in my life! Warm muffinie wishes, John." - John Arnold, General Contractor and Yoga Instructor, Malibu CA

"It's hard to find people in our industry who are sensitive to the needs of foodservice at a level that respects the students as well as the 'business' our department must work within. You have been able to do this with great success!" - Joe Cook, Child Nutrition Director, Conejo Valley Unified School District, Thousand Oaks CA

"OMEGA MUFFINS ARE AMAZING! I'm eating a double chocolate one right now....YUMMY!" - Erin Geroux, Massage Therapist and Mother-of-Two, Portland OR

"My husband LOVES your muffins! I've never seen the man so obsessed. I tried to take one this morning and he gave me a dirty look. I'll have to get my own supply!" - Robyn Foulger, Real Estate Agent, Salt Lake City, UT

"I LOVE the muffins – I eat one every single morning for breakfast. If I don't have my muffins I don't know what to do!" Kelly Bryan, University Student, Provo UT

"The staff was raving about your muffins...I really like your products." - Sevak Khodabakhshian, D.C., Q.M.E., Director of Wellness Services, Omega Solutions in Healthcare, Thousand Oaks CA

"Yea!! I love muffins!" - Sage M., age 2

"I've never had a problem with my 'plumbing' since I started eating an Omega Muffin for breakfast every day. Good-bye Metamucil!" - Ann Kelly, age 86, Schererville, IN

"Yum! I just received my package and immediately consumed a mini banana chocolate chip muffin. It is the perfect size and is delicious." - Diane E., Inventor of Kippis Bib Clips, Portland OR

"Omega Muffins are a great pre and post workout snack for my team. If you love muffins but don't always love the healthy ingredients then Omega Muffins is for you! They taste great! You won't even know they're 'healthy'!" - Dave Assorson, Thousand Oaks High School Tennis Coach